جامعة بيروت العربية
BEIRUT ARAB UNIVERSITY

SUSTAINABLE DEVELOPMENT GOALS

SDG 3: GOOD HEALTH AND WELL-BEING





Table of Contents

Beirut Arab University Community Health and Wellbeing Outreach 3
2 School outreach integrated into the curriculum 4
3 Annual medical screening for children in a community programme 5
4 Community life support and resuscitation education 6
5 Organised vaccination delivery and student volunteering 7
6 Maternal nutrition and breastfeeding awareness 8
7 Partner supported eye screening for vulnerable families 9
8 Drug harm awareness in Shatila Camp 9
9 ICARE primary care and interprofessional training 9
10 Nutrition and weight management services 13
11 Physical therapy and community wellness 14
12 Free medical and dental campaign in Mina Tripoli 15
13 Oral health awareness for kindergarten children in 2022 16
14 National children dental health campaign in 2024 17
15 Children oral health education and free care in 2025 18
16 Infant nutrition hygiene and food safety for nursery providers 18
17 Diabetes screening and education for school families 20
18 Chronic disease education at a community healthcare centre 21
19 Osteoporosis prevention and bone health counselling 22
20 Further pharmacy outreach in hospitals and public spaces 22
21 Community diabetes education through a specialist conference 23
22 First aid and psychological preparedness for journalists 24
23 Student volunteering with older residents 26
24 Breast cancer awareness and community solidarity 26
25 Physical activity in a public community event 27

Beirut Arab University Community Health and Wellbeing Outreach

SDG 3 Good Health and Wellbeing

THE Impact Rankings indicator 3.3.2 | Beirut Arab University, Lebanon

Evidence period: 2021 to 2026, with current university service and programme records.

Response to the indicator

Yes. Beirut Arab University (BAU), as an institution, delivers both programmed and ad hoc outreach to improve health and wellbeing in the local community. Its faculties, healthcare services and university departments organise activities with schools, municipalities, hospitals, government bodies and community organisations. Students contribute through supervised clinical training, course requirements and volunteering.

Programmed outreach is demonstrated by the Mobile Dental Clinic and curriculum-based school visits, annual screening for children supported by a community organisation, community life support training, and organised vaccination and maternal nutrition initiatives. Ad hoc outreach includes dated community screening days, nutrition and hygiene education, chronic disease campaigns, support for older residents, and first aid and trauma preparedness training for media professionals.

Category	Basis for the response	Examples documented below
Programmed	A continuing service, curricular activity, annual initiative or organised multi-session project.	Mobile dental outreach; annual child screening; community CPR training; maternal nutrition; vaccination.
Ad hoc	A dated event or campaign delivered in response to a particular health issue or community need.	Free medical campaign; school diabetes education; infant food safety; osteoporosis awareness; journalist safety training.

Programmed community health outreach

1 Mobile Dental Clinic and oral health outreach

BAU operates a two-chair Mobile Dental Clinic that reaches vulnerable people in poor urban and rural communities. Its Ministry of Public Health certified service combines oral examinations, health education, preventive care and emergency treatment. Residents and specialist faculty provide services free of charge. The university records outreach to schools and communities in locations including Debbieh and Tripoli. This is a continuing institutional mechanism for taking preventive dentistry to people who face barriers to accessing care. The dated school and national campaign activities below demonstrate delivery through this platform and the Faculty of Dentistry.

Evidence: BAU Mobile Dental Clinic

Mobile Dental Clinic



The Mobile Dental Clinic is a well-equipped two-chair dental clinic prepared by the Faculty of Dentistry to travel across the country to provide greater physical access to dental care and oral health awareness for vulnerable population in poor urban and rural remote communities experiencing economic hardship.

This is the first mobile dental clinic in Lebanon certified by the Lebanese Ministry of Public Health. The Mobile clinic is composed of the following features that allow dentists to provide quality patient care.

Services

Besides the emergency treatment, Mobile Clinic offers services like screening of the population with different age groups for various oral diseases, promoting oral health, and preventive measures were performed by residents and specialized professional staff members of the Faculty of Dentistry.

After the Beirut port explosion, the fully equipped mobile clinic moved into the affected areas and offered dental clinical services at no cost to the patients. These services included preventive and therapeutic measures aiming to relief pain and eliminate infections. Moreover, in cases of life-threatening conditions or conditions that require immediate attention and further permanent treatment, the cases were referred to the dental clinics within the Faculty of Dentistry at Beirut Arab University.

The services of the mobile dental clinic are offered to the public and these services are free of charge. Activity of the mobile clinic includes visits to schools such as the Hariri High School II, École Saint Charles, Makassed khaled Bin Al Walid among others. Activities also include organizing health awareness campaigns in Debbieh, Tripoli and other cities and collaborating with social and charitable foundations like Dr. Mohamad Khaled Social Foundations and providing support after the Beirut port explosion.

2 School outreach integrated into the curriculum

On 2 December 2021, fifth-year Dentistry students delivered Improving Oral Health of Preschoolers at Makassed Khaled Bin Walid Kindergarten as part of their Community Service course. They introduced children to the mobile clinic and explained oral hygiene, oral habits and an appropriate diet; teachers also benefited from the awareness activity. The course requirement and supervised university delivery provide evidence of programmed service learning, while the school visit documents direct outreach to the local community.

Evidence: Oral health awareness at Makassed Kindergarten

Oral Health awareness campaign at Makassed Khaled Bin Walid kindergarten







Oral Health awareness campaign at Makassed Khaled Bin Walid kindergarten

02 December 2021

The Faculty of Dentistry at Beirut Arab University organized an activity Entitled "Improving the Oral Health of Preschoolers" this activity was prepared and performed by the fifth year students as a partial fulfillment of the "Community Service" course at Makassed khaled Bin Al Walid (KBWH) Kindergarten.

The purpose of this activity is to involve the children in the Oral Health Awareness campaign and to allow them to discover the BAU Mobile Dental Clinic and get to know more about the facilities of the dental office.

The dentists presented a PowerPoint presentation related to healthy activities that affect their oral health like oral hygiene measures, oral habits and appropriate diet.

Teachers as well had the opportunity to be exposed to effective treatments they can use in regards to their own oral health and their kids as well.

3 Annual medical screening for children in a community programme

From 15 September to 1 October 2026, BAU delivered an eight-day Annual Medical Screening initiative for 185 orphaned children in the Orphan Support Program. The Faculty of Medicine and BAU Healthcare Center worked with Irshad and Islah Association, with funding through Helping Hands for Relief and Development. BAU staff, paediatric residents and medical interns contributed under clinical supervision. Screening covered growth and BMI, vision, dental health, the spine, the heart and other organ systems, with laboratory investigations where appropriate. The named annual programme, scheduled delivery and community partner establish an organised preventive health initiative for vulnerable children.

Evidence: Comprehensive paediatric screening at BAU Healthcare Center

Comprehensive pediatric screening at BAU Healthcare Center





Comprehensive pediatric screening at BAU Healthcare Center

15 September 2026

In a collaborative effort to support vulnerable children, the Beirut Arab University (BAU) Faculty of Medicine and BAU Healthcare Center (BAUHC) joined forces with Irshad & Islah to complete the Annual Medical Screening for 185 Orphans under the Orphan Support Program (OSP), funded by Irshad & Islah through Helping Hands for Relief and Development (HHRD).

Conducted over 8 days between September 15 and October 1, 2026, at the BAUHC clinics, the initiative provided comprehensive health evaluations led by BAUHC staff, pediatric residents, and medical interns. Under the expert leadership and supervision of Dr. Amal Naous (Program Director of Internship), Dr. Nour Chahine (Pediatric Clinical Instructor at BAUHC), and Mr. Rabih Soubra (Administrative Director of BAUHC), each child received thorough pediatric care.

The comprehensive screenings included full physical examinations—tracking growth metrics (BMI, short stature, poor weight gain), vision, dental health, spine alignment (scoliosis), heart sounds, and organ health—alongside diagnostic lab tests (CBCD, iron, ferritin, urinalysis, and stool analysis) at the BAUHC Diagnostic Medical Laboratory. Together, we remain committed to protecting and enhancing the well-being of young lives in our community!

4 Community life support and resuscitation education

The BAU Life Support Center offers first aid and resuscitation education to community members as well as healthcare professionals and students. Its training portfolio includes Basic Life Support and other emergency care courses, with registration contacts in Beirut and Tripoli. The centre records recognition at the January 2026 AHA MENA Healthcare Forum for community education and training delivered during Hands Only CPR Month in October 2025. Its established training service and documented community CPR initiative demonstrate programmed education intended to help people respond to emergencies. The source does not specify participant totals or describe all courses as free.

Evidence: [BAU Life Support Center and community CPR activities]

BAULS Center



ABOUT BAULS

The Beirut Arab University Life Support Center (BAULS) was established as an authorized Training Center by the American Heart Association (AHA) in 2017. BAULS is dedicated to providing high-quality, evidence-based resuscitation and life support education for healthcare professionals, students, and community members. Through education, hands-on training, simulation, and instructor development, the center aims to enhance lifesaving skills and improve the Chain of Survival. Since its establishment, BAULS has continued to expand its educational and regional role, supporting high-quality resuscitation training and the development of healthcare professionals in Lebanon and across the region.

Authorized
American Heart Association.
Training Center

BAULS Vision & Mission

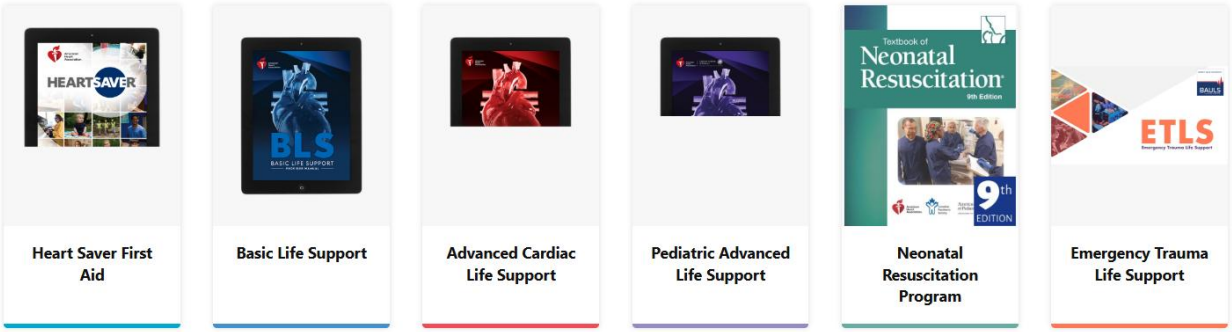
VISION

To be a leading regional center of excellence in resuscitation and life support education, advancing evidence-based practice, empowering healthcare professionals and communities, and contributing to longer, healthier lives.

MISSION

The Beirut Arab University Life Support Center (BAULS) is committed to advancing health and saving lives through high-quality, evidence-based resuscitation and life support education.
In alignment with Beirut Arab University's commitment to excellence in education, innovation, and community service, BAULS empowers healthcare professionals, students, and community members with the knowledge, skills, and competencies needed to respond effectively to life-threatening emergencies.
Through education, simulation, community engagement, and national and international collaboration, BAULS strives to strengthen the Chain of Survival, advance resuscitation practices, and improve health outcomes in Lebanon and the region.

TRAINING COURSES



Heart Saver First Aid | Basic Life Support | Advanced Cardiac Life Support | Pediatric Advanced Life Support | Neonatal Resuscitation Program | Emergency Trauma Life Support

5 Organised vaccination delivery and student volunteering

BAU nursing students at Tripoli volunteered in the Ministry of Public Health national COVID-19 vaccination campaign at Albert Haykel Hospital. The university record dated 27 February 2021 describes their work with the vaccination team, follow-up during and after vaccination, and promotion of community awareness. This places student volunteering within an organised public health programme serving North Lebanon.

Evidence: Nursing students in the national vaccination campaign

BAU Nursing Students Volunteer in The National Vaccination Campaign for COVID-19 Pandemic





In line with the mission of Beirut Arab University to serve the Lebanese Community, and based on its partnership with the health sector in Lebanon, the Nursing students at the Faculty of Health Sciences-Tripoli Branch are participating in the National COVID-19 Pandemic Vaccination Program organized by the Ministry of Public Health. Students volunteered to assist the Medical Team at providing the vaccinations at

Albert Haykel Hospital; which was approved by the Ministry of Public Health as a vaccination center in North Lebanon.

The team includes a group of administrators, clinicians and nurses assigned to follow up the vaccinated individuals during and after their vaccination process. However, this students' commitment represents one of several activities organized by the Faculty of Health Sciences since the beginning of COVID - 19 pandemic, in order to raise the awareness about the disease and assist the nursing staff, especially during the peak of the deficiency of nurses.

Furthermore, the students of the Faculty are spreading massive awareness campaigns towards the importance of vaccination, in order to encourage the citizens, for achieving the required community immunization in a short period of time.

What is worth to be noted that the students of the Nursing Department will be endorsing their voluntary support action throughout all The National Vaccination Campaign period in Lebanon.

BAUHC also operated a vaccination centre. Its 2021–2022 annual report records 14,226 beneficiaries between June 2021 and August 2022, including neighbouring community members alongside students, staff and relatives. This is the report's aggregate beneficiary figure, rather than a count restricted to external residents.

Evidence: BAU Annual Report 2021–2022 (printed page 63; PDF page 32)



Community Engagement

BAU played a vital role in supporting the community through the deployment of medical facilities, students, and staff in civic and healthcare missions. The University continued to actively volunteer and provide commitment to various bodies. It made concerted efforts to uphold its social and humanitarian duties, uniting as a cohesive front in the face of adversity. This commitment encompassed providing essential supplies as well as offering medical and professional aid.

In collaboration with national and international NGOs, many impactful sessions were held. Health awareness and prevention campaigns were conducted concurrently with project partnerships, visits, and field tests. Additionally, BAU organized plays, workshops, training sessions, and seminars to enhance students' proficiencies and abilities. Keeping pace with technological advancement, the University implemented an online management system for updated course requirements. It also negotiated partnership agreements with ministries and other bodies, participated in forums at various schools, attended webinars, and provided technical advisory services.

In addition, BAU introduced a range of extracurricular activities that not only offered students the opportunity to interact with their surroundings through positive and meaningful contributions, but also allowed them to pursue their interests and showcase their talents. As a result of their involvement, the University has earned a well-deserved reputation as a vibrant hub for activism, humanism, and culture.

6 Maternal nutrition and breastfeeding awareness

BAUHC joined an IOCC awareness programme implemented with UNICEF for pregnant and lactating women. Eight visits between November 2021 and May 2022 provided nutrition and breastfeeding guidance to 63 beneficiaries attending obstetric and paediatric services. The repeated visits demonstrate a scheduled maternal health education programme.

Evidence: BAU Annual Report 2021–2022 (printed page 63; PDF page 32)

■ BAUHC joined the awareness program implemented by the International Orthodox Christian Charities (IOCC) organization in collaboration with UNICEF targeting pregnant and lactating women. The IOCC representatives conducted a number of eight visits between November 2021 and May 2022. Pregnant and lactating women who visited obstetric and pediatric specialists at BAUHC were provided with comprehensive instructions on proper nutrition during pregnancy and breast-feeding. The total number of beneficiaries was 63. In addition, IOCC carried out an activity in collaboration with BAUHC and the Faculty of Medicine. On March 24, 2022, IOCC representatives contributed to a distinctive workshop that was held in the simulation center at the Faculty. The workshop, entitled **Your Way to Motherhood**, was designed to empower pregnant women at BAU and those who were planning to become pregnant on their journey to motherhood and to raise awareness about proper pregnancy planning and maternal health. (Photo 29)

7 Partner supported eye screening for vulnerable families

BAUHC and Ibad Al-Rahman Association organised ophthalmology screening for children and families under the association's care. The report documents 21 patients screened from 28 June to 24 August 2022, with fees covered by the association and weekly progress reports provided by BAUHC's ophthalmologist.

Evidence: BAU Annual Report 2021–2022 (printed page 63; PDF page 32)

■ BAUHC initiated a **screening project** in collaboration with Ibad Al-Rahman Association (IBAD). The project focused on providing ophthalmology screening tests to all orphanages and their family members who are under the care of IBAD (around 266 patients). A total of 21 patients were screened over a period of time that extended from June 28 to August 24, 2022, with plans to screen more individuals in the up-coming months. Fees for the screening visits were covered by IBAD, ensuring accessibility for the patients. In addition, BAUHC's ophthalmologist prepared weekly progress reports, sharing updates on the conditions and progress of the patients with IBAD.

8 Drug harm awareness in Shatila Camp

The 2021–2022 report records a joint project involving BAU's Medical Laboratory Technology Department, Nudge Lebanon and UNICEF. Several awareness sessions addressed problematic prescription opioid use among young people in Shatila Camp. This is evidence of community education within a coordinated project addressing drug-related health risks.

Evidence: BAU Annual Report 2021–2022 (printed page 65; PDF page 33)

Continuing services that support community outreach

BAU's public-facing healthcare and training facilities provide an institutional base for prevention, counselling and supervised community service. Their operational role supports the outreach activities documented in this report.

9 ICARE primary care and interprofessional training

The Advanced Primary Care Innovation Center at BAUHC has been fully operational since April 2023. Developed through the Erasmus+ ICARE project, it combines primary healthcare with education, training and research. Its published mission describes accessible care with symbolic charges, and the centre is licensed by the Ministry of Public Health. This operating university service provides a supervised clinical training environment alongside accessible primary care.

Evidence: [Advanced Primary Care Innovation Center at BAUHC]

Advanced Primary Care Innovation Center BAUHC

جامعة بيروت العربية
BEIRUT ARAB UNIVERSITY

Funded by the Erasmus+ Programme of the European Union

I Care Medical Health



OFFICIAL NAME OF THE CENTER

Beirut Arab University Healthcare Center Advanced Primary Care Innovation (BAUHC APCI)

The ICARE Clinic and APCI center at Beirut Arab University Healthcare Center BAUHCs, funded through the ICARE Erasmus+ project, have been fully operational since their official launch in April 2023.

APCI DEVELOPERS' TEAMS

- Professor Sobhi Abou Chahine, Dean of Academic Affairs and International Relations
- Professor Mahmoud Mahfouz, Dean of Faculty of Medicine
- Professor Adel ElKordi, Dean of Faculty of Engineering
- Associate Professor Mohamad Houri, Assistant Dean of Faculty of Medicine, Medical Director of BAUHC
- Associate Professor Rami Abbas, Assistant Dean of Faculty of Health Sciences
- Associate Professor Amal Naous, Program Director of Internship
- Assistant Professor Salah Malas, Obstetrics and Gynecology
- Assistant Professor Sawsan Abiad, Plastic Surgeon
- Assistant Professor Alaa Daher, Faculty of Engineering
- Mr. Rabih Soubra, Administrative Director of BAUHC

MISSION
Empowers individuals and communities through accessible care with symbolic charges, personalized wellness, and a vibrant hub for learning and innovation.

VISION
Aspires to be a renowned university healthcare center, known for its innovative patient care, cutting-edge education, and pioneering research in key fields.

AIM
APCI center aims to be a central point for various training activities, involving both academic and practical aspects. This includes educating medical students, residents, and professionals from other healthcare settings, as well as providing fellowship training. Ultimately, the APCI aspires to be a leader in knowledge translation, driving innovations and transformations in primary care delivery.

BAUHC APCI Center: Physical Space

FUNCTIONS:

- Administrative
- Consultation
- Education, research and training activities for wide target groups (research, education, IT, medical engineering)

ACTIVITIES:

- providing the e-promotion service for PHC
- supporting the universities training courses update
- providing the research and training system in the area of PHC in cooperation between university staff, medical engineering, IT staff and healthcare professionals

LICENSE:

the APCI BAUHC is licensed from the Ministry of Public Health

ONGOING CLINICAL RESEARCH ACTIVITIES AT APCI:

- Prevalence and Characterization of Bacterial Rectal Colonization Patterns in Pediatric Patients
- Characterization of Pediatric Healthcare Visits in BAUHC



Antenatal care presentation to the interns in the APCI center



Diseases of the eye presentation to interns in the APCI center

ICARE's stated objectives include interprofessional education across health disciplines and the development of student-led clinics serving socioeconomically disadvantaged, poor and elderly patients. These objectives explain the project's community orientation; the operational centre record above establishes implementation at BAU.

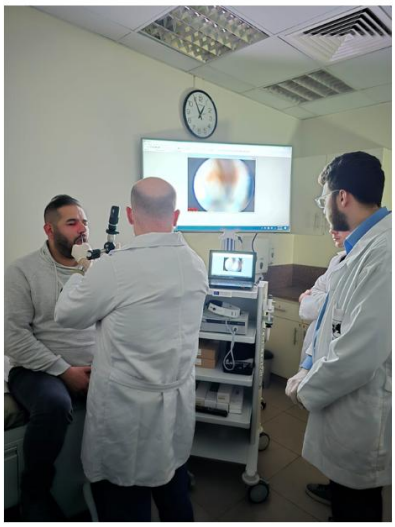
Evidence: ICARE project objectives and partners

About ICare Project

The ICARE project aims to impart knowledge, skills, and attitudes that will enable future academic and non-academic healthcare professionals to function effectively in a university-enterprise collaborative care environment. This project develops and establish "I CARE" centers and Clinics which provide education, training, research, Primary health care patient treatment and community engagement.

The project aims to achieve the following specific objectives:

- *Reinforcement and modernization of experiential education in health sciences curricula (Medicine, Pharmacy, Dentistry and Nursing, allied health services, psychology, etc.) through development of University – Enterprises 'I care' centers and clinics.*
- *Introduction of inter-professional teaching and learning activities, including new joint In-service Inter-professional training and courses for all health sciences students;*
- *Launching Inter-professional collaboration student-led clinics, the provision of comprehensive services to socioeconomically disadvantaged, poor and elderly patients by multiple health providers who collaborate within and across healthcare settings*
- *Improving the teaching competency of academic staff and teacher practitioners/ clinician educators.*



ICARE Project Impact in Lebanon

The Lebanese strategy for higher education insists on offering " Education that provides quantitatively and qualitatively competent work force to meet the needs of the Lebanese market and that can compete in free job markets" (http://www.mehe.gov.lb).

In fact, this strategy is one of the main cores of I CARE. Establishing the centres that brings industry closer to university & integrate new competencies in the training and study curricula will make medical and health related graduates fit very well in the job market & increasing the rate of employment among them & enable them to compete not only locally but also internationally.

I CARE also addresses the BAU and NDU modernization & internationalization agenda "To promote the University's international image as a global center of excellence in teaching and research and to support the quality of knowledge".

The project and its results will ensure the modernization of the process of interaction between academic and non academic institutions as well as students, the lecturer and hospitals. Accessibility of Centers and web portal and specialized services for innovative educational and training purposes will be achieved by organizing physical and remote access to it via the Internet.

10 Nutrition and weight management services

BAU's Nutritional and Weight Management Clinic combines supervised student training with nutritional care for the community. It provides assessment and lifestyle management for obesity and nutrition-related conditions, including diabetes, hypertension and dyslipidaemia. Its published weekday service arrangements provide an ongoing route to nutrition counselling. The clinic supports the university's capacity to deliver dietary education beyond a single awareness event; the infant food safety and school diabetes campaigns below provide dated examples of broader community education.

Evidence: Nutritional and Weight Management Clinic



BAU CLINIC FOR NUTRITIONAL AND WEIGHT MANAGEMENT

ABOUT

The clinic was established in January 2013, and it is located in the Nutrition and Dietetics Department – Faculty of Health Sciences. It is equipped with a validated "body composition analyzer", a gold standard "indirect calorimeter" for energy expenditure measurement and other equipment to perform anthropometric assessment.

VISION

To offer an essential platform for students in Nutrition and Dietetics to promote and enhance their professional skills in medical nutrition therapy in outpatient settings.In addition, it aims to provide an important environment for ongoing clinical research within the Department of Nutrition and Dietetics. Moreover, to create a unit that supports the promotion of healthy lifestyles in the community for the prevention of nutrition-related diseases.

MISSION

The mission of the clinic is to establish a distinguished unit that provides high-quality nutritional care for patients while adhering to recent evidence based guidelines within a community setting. Moreover, to be a valid training-site for students studying at the Department of Nutrition and Dietetics by providing the opportunity for hands on practical experience in nutritional management of different diseases under the supervision of a clinical expert.

OUR SERVICES

- Lifestyle Modification Program Based On Cognitive Behavior Therapy For Obesity
- Metabolic and Nutritional Assessment Service
- Lifestyle guidelines for common chronic disease (Diabetes, Hypertension, Dyslipidemia...)

RESEARCH

Lifestyle Modification in Rheumatoid Arthritis: Dietary and Physical Activity Recommendations Based on Evidence.
Chehade L, Jaafar ZA, El Masri D, Zmerly H, Kreidieh D, Tannir H, Itani L, El Ghoch M.Curr Rheumatol Rev. 2019 Jan 21. doi: 10.2174/1573397115666190121135940.

Reduced Lean Body Mass and Cardiometabolic Diseases in Adult Males with Overweight and Obesity: A Pilot Study.
Khazem S, Itani L, Kreidieh D, El Masri D, Tannir H, Citarella R, El Ghoch M. Int J Environ Res Public Health. 2018 Dec 5;15(12). pii: E2754. doi: 10.3390/ijerph15122754.

Clinical Management of Medial Patellar Plica Syndrome: Expert Point of View from Diagnosis to Treatment.
Zmerly H, Akkawi I, Citarella R, El Ghoch M. Curr Rheumatol Rev. 2018 Nov 23. doi: 10.2174/1573397115666181123182633.

OPENING HOURS	
Monday	8 a.m. until 4 p.m.
Tuesday	8 a.m. until 4 p.m.
Wednesday	8 a.m. until 4 p.m.
Thursday	8 a.m. until 4 p.m.
Friday	8 a.m. until 4 p.m.
Saturday	Closed
Sunday	Closed

Address:

Beirut Arab University - Beirut Campus
Faculty of Health Sciences - Nutrition and Dietetics Department
Hariri Building, Sixth floor, BAU Clinic for Nutritional and Weight Management

MAKE AN APPOINTMENT

+961 1 300110 Ex: 2351

+961 70 955388

d.kraydeyeh@bau.edu.lb

11 Physical therapy and community wellness

The mission of BAU's Physical Therapy Out Patient Clinics explicitly links student service learning with community partners and health promotion. The clinics identify community health and wellness education as part of their work and draw on faculty and student expertise. They provide continuing institutional capacity for rehabilitation and physical wellbeing. This service complements the dated community campaigns and student volunteering described below.

Evidence: Physical Therapy Out Patient Clinics

Physical Therapy Out Patient Clinics (PTOC)



OUR MISSION

The BAU Physical Therapy laboratory/Outpatient Clinic is dedicated to the education and training of Physical Therapy students through service-learning experiences developed with community partners in order to promote health and wellness of all people within the communities they serve regardless of age, race, gender, or religion. The BAU Physical Therapy laboratory/Outpatient Clinic will strive to provide the highest standards of care, exhibit a futuristic vision, and empower its clients with the knowledge, skills, and capabilities to achieve and maintain optimal health status. The BAU Physical Therapy laboratory/Outpatient Clinic will also strive to provide attractive milieu for research and continuous education for students and community.

OUR VISION

To be recognized in Lebanon and the region as an outstanding physical therapy venue where the educational program is applied by qualified Faculty members, staff and students through research, evidence-based practice, problem solving, and professional leadership.

SERVICES

"The Physical Therapy Outpatient Clinic (PTOC), a patient centered clinic committed to clinical excellence in treating patients and training future physical therapists, sharing same mission, vision, and value of the Physical Therapy department, the Faculty of Health Sciences, as well as Beirut Arab University.

The PTOC is where every patient gains the best service and experience, from highly dedicated staff and using advanced physical agents, therapeutic exercises and manual therapy techniques based on high level of evidence and guidelines in a highly equipped clinic. The PTOC contributes to a better healthcare system, to be a model of quality, efficiency in physical therapy students' clinical training, and in serving population's health.

Patients are always encouraged to fill the "suggestion form" collected then in the suggestions box that can help or suggest improvements to the PTOC.

The PTOC welcomes patients on weekdays upon appointments. During the first appointment, the patient reads and signs a consent form prior to any assessment or treatment. The first appointment includes: history taking and initial examination, documenting the reason for his referral, assessing his impairments, activity limitations and participation restrictions, setting treatment goals and a tailored plan of care, according to the ICF model. Sessions are all documented through the progress notes using SOAP format. At the end of the treatment, a discharge summary is completed, and the patient's file is reserved.

OPENING HOURS

Monday	8 a.m. until 4 p.m.
Tuesday	8 a.m. until 4 p.m.
Wednesday	8 a.m. until 4 p.m.
Thursday	8 a.m. until 4 p.m.
Friday	8 a.m. until 4 p.m.
Saturday	Closed
Sunday	Closed

Address:

Beirut Arab University - Beirut Campus Faculty of Health Sciences - Physical Therapy Out Patient Clinics
Hariri Building

MAKE AN APPOINTMENT

+961 1 300110 Ex: 2738

Ad hoc outreach delivered in the local community

12 Free medical and dental campaign in Mina Tripoli

On 2 December 2023, the Faculties of Medicine, Dentistry and Health Sciences delivered a free medical examination and dental consultation campaign with Mina Municipality, the Lebanese Order of Physicians in Tripoli and the Lebanese Dental Association in Tripoli. More than 280 citizens benefited, supported by over 100 volunteers including doctors, professors, administrators and students. Services included general and family medicine consultations, paediatric care, blood glucose checks, dental consultations and nutrition awareness. The event demonstrates university-led delivery to external beneficiaries and coordinated contributions from academic, clinical and administrative personnel.

Evidence: Free medical examination and dental consultation campaign







BAU Launched a free campaign for Medical Examination and Dental Consultation

02 December 2023

Based on Beirut Arab University strategy and in application to its policy of openness to its surroundings and serving the community, the Faculties of Medicine, Dentistry and Health Sciences at the University launched the campaign of "Free Medical Examination and Dental Consultation", in Mina Municipality - Tripoli, in cooperation with the Lebanese Order of Physicians Tripoli and the Lebanese Dental Association Tripoli, and the Municipality of Mina – Tripoli.

The campaign provided free medical services for more than 280 citizens. More than 100 volunteers who are doctors, university professors, administrators and students participated in the campaign. Beirut Arab University President, Professor Wael Nabil Abdel Salam, Secretary of the North Governor and Chargé d 'affaires of the Municipality of Mina -Tripoli, Ms. Iman El Rafei, President of the Lebanese Order of Physicians Dr. Mohammed Safi, Representative of Lebanese Dental Association Tripoli, Dr. Karim Kabbara, Head of Health Department at Mina Municipality Dr. Zaher Orabi, Head of Health Department in the North Dr. Saadallah Sabouneh, Director of BAU Tripoli branch Dr. Hani Shaarani, Deans of the organizing faculties, a crowd of medical orders and administrators in Mina municipality.

The President of Beirut Arab University, Prof. Wael Nabil Abdel Salam, noted that it is "the first time the university carries out similar campaigns where it decided to launch these campaigns in Tripoli because the reality requires us to serve the people in the community where the university is present.

Abdel Salam added that the University has utilized its services to serve the citizens who are present in the North, based on its role under the title "Community service" of Beirut Arab University community.

Furthermore, the Mayor of Mina-Tripoli, Ms. Iman El Rafei, praised the efforts of all those who had contributed to the success of the event. She emphasized that the campaign aimed to raise the level of health awareness in society and to serve the people of Tripoli and the North in the difficult economic and medical conditions they were experiencing. As well, El Rafei wished to do similar activities soon.

The campaign included several services, such as family medicine, pediatrics, general consultations and blood sugar screening, as well as a dental consultation, in addition to raising public awareness about proper nutrition.

13 Oral health awareness for kindergarten children in 2022

On 19 May 2022, postgraduate students in the Faculty of Dentistry’s Paediatric Dentistry division delivered an oral health awareness campaign for kindergarten children at École Saint Charles. This dated school activity extends the evidence of university-supervised student outreach on children’s oral hygiene beyond the Makassed visit.

Evidence: Oral health awareness at École Saint Charles

Oral health awareness campaign for kindergarten children at École Saint Charles







+3 Photos

Postgraduate students at the division of Pediatric Dentistry finished their academic year 2021-2022 with oral health awareness campaign for kindergarten children at École Saint Charles.

14 National children dental health campaign in 2024

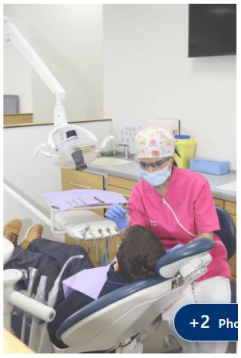
The Faculty of Dentistry's Paediatric Dentistry Department organised a free examination and treatment campaign for children up to age 15, reported on 6 February 2024. It formed part of the national February Children's Dental Health Month campaign under the patronage of the Minister of Public Health and the Lebanese Dental Associations in Beirut and Tripoli. BAU also announced further school awareness visits. The delivered free campaign is confirmed; the announcement of subsequent visits is evidence of planning rather than a count of completed visits.

Evidence: Children dental examination and treatment campaign

Dental examination and treatment campaign for children in schools







+2 Pho

Dental examination and treatment campaign for children in schools

06 February 2024

Under the auspices of the Minister of Public Health, Dr. Firas Al-Abiad and the Lebanese Dental Associations in Beirut and Tripoli, the Faculty of Dentistry - Pediatric Dentistry Department at Beirut Arab University organized a free screening and treatment campaign for young patients till the age of 15 as part of the national campaign "February National Month for Children's Dental Health".

This activity falls within the university's community service strategy, where it shall be followed by a series of activities to be carried out by the Department in which it performs visits to schools with the aim of spreading awareness among children and teachers on ways to prevent oral and dental diseases.

15 Children oral health education and free care in 2025

On 25 February 2025, the Faculty of Dentistry marked the national children's oral and dental health month with an interactive awareness activity. Children learned about brushing, flossing, suitable food choices and preventing dental decay. The university also provided free dental examinations and treatment. Together with the 2024 campaign and earlier school activities, this documents repeated university delivery of oral hygiene education and preventive care across several recent years.

Evidence: Oral and dental health in children at BAU

Oral and Dental Health in Children at Beirut Arab University

Oral and Dental Health in Children at Beirut Arab University

25 February 2025

In alignment with the National Month for Oral Health, the Faculty of Dentistry at Beirut Arab University hosted an interactive and educational lecture focused on the importance of maintaining a healthy smile. Attendees enjoyed a day filled with smiles, knowledge and free dental care.

The awareness day covered essential oral hygiene practices including:

- Proper techniques for brushing and flossing teeth.
- The impact of diet on dental health.
- Common causes of tooth decay.

Through engaging and interactive discussions, children learned how sugary foods and poor hygiene contribute to the tooth decay, as well as the importance of maintaining good oral habits from an early age.

The event also provided free dental examinations and treatments, ensuring participants received professional care to help prevent tooth decay.

Supervised and guided by doctors from the Faculty of Dentistry, this initiative aimed to instill lifelong healthy habits in young children while making oral health education enjoyable and accessible.

16 Infant nutrition hygiene and food safety for nursery providers

On 10 November 2025, BAU's Nutrition and Dietetics and Nursing departments organised Healthy Starts with the Syndicate of Nursery Owners. The awareness day addressed infant and young child feeding, food preparation, storage and reheating, hygiene and safe daycare practices. Representatives of more than 250 nurseries attended, alongside students, faculty and other interested participants. Nursing contributions included recognising health warning signs, supporting children with chronic conditions or special needs, and safe medication practices. By educating nursery providers, BAU extended health knowledge to people responsible for children's daily care in the community. The number refers to represented nurseries, not a verified total of individual attendees or children.

Evidence: Healthcare and food safety for infants and young children

Healthcare and Food Safety for Infants and Young Children at Beirut Arab University







Healthcare and Food Safety for Infants and Young Children at Beirut Arab University

10 November 2025

The Faculty of Health Sciences, specifically the departments of Nutrition and Dietetics and Nursing, at Beirut Arab University, in collaboration with the Syndicate of Nursery Owners, organized an awareness day titled: "Healthy Starts: Feeding, Safety and Daycare Practices for Infants and Young Children."

The event was attended by the Head of the Syndicate of Nursery Owners in Lebanon, Ms. Hana Joujou, the Dean of the Faculty of Health Sciences Professor Rajaa Fakhoury, faculty members, representatives from over 250 nurseries, and a large number of nutrition students and interested attendees.

After a documentary about the Faculty and the BAU Weight Management and Nutrition Clinic was screened, the Dean of the Faculty Professor Rajaa Fakhoury, stated:

"The mission of Beirut Arab University is not limited to education and scientific research alone, but extends to include community service, which is one of the fundamental pillars of the University's strategy."

Professor Fakhoury continued:

"The Faculty of Health Sciences has consistently performed its societal role through a series of initiatives and activities aimed at spreading awareness and knowledge and promoting public health among various segments of society, while providing healthcare through specialized centers: Healthcare Center, Life Support Center, Physiotherapy Clinic and the Nutrition Clinic".

In turn, the Head of the Syndicate of Nursery Owners in Lebanon Ms. Hana Joujou, spoke about the Syndicate:

"The Syndicate launched the topic of healthy food and how it should be cooked, stored, and heated in nurseries, which subsequently led the Ministry of Public Health to adopt the same topic and place it on the agenda for successive workshops."

On another note, the Head of the Department of Nutrition and Dietetics Professor Nada Al-Darra, spoke about:

"The impact of nutrition on brain development, where nutrients play an essential role in enhancing cognitive functions and mental growth. Food safety is considered vital for protecting the health of our children, especially in environments that demand the highest standards of hygiene and safety."

Finally, Professor Mirna Fawaz from the Nursing Department spoke, emphasizing that:

"The nurse is not only the person who intervenes when illness or injury occurs, but is an essential element who contributes to the daily follow-up of children's health, the detection of early signs of any health

problem, the support of children suffering from chronic conditions or special needs, in addition to safe medication administration."

The day's activities then commenced, featuring lectures by a group of specialized doctors in the fields of nutrition and nursing, who highlighted the importance of this event for the safety and care of children.

17 Diabetes screening and education for school families

On 15 November 2025, the Faculty of Pharmacy and Iman High School in Saida delivered a diabetes awareness campaign for parents. Senior pharmacy students, supervised by faculty and working with the school health counsellor, provided blood glucose screening, blood pressure and BMI measurements, and personalised dietary and physical activity counselling. The activity formed part of the students' experiential training. Interactive activities supported learning, and a continuous glucose monitoring sensor was donated to a pupil with Type 1 diabetes. This is direct institutional outreach to school families combining prevention, risk assessment and practical support.

Evidence: Diabetes awareness campaign at Iman High School

Empowering Families Diabetes Awareness Campaign at Iman High School







Empowering Families: Diabetes Awareness Campaign at Iman High School

15 November 2025

The Faculty of Pharmacy at Beirut Arab University (BAU), in collaboration with Iman High School, Saida (IHS), organized a diabetes awareness campaign for parents in recognition of World Diabetes Day.

Under the supervision of Dr. Khouloud Housary, Clinical Lecturer and Preceptor at the Pharmacy Practice Department, senior pharmacy students from BAU worked closely with Ms. Khadija Jardali, Health Counselor at IHS, to deliver evidence-based education and patient-centered services. The event was further supported by Dr. Rania Itani, Pharmacy Practice Experience V/VI Coordinator, who ensured the meaningful engagement of students as part of their experiential training, and Dr. Mohamad Abdallah, Clinical Lecturer at the Faculty of Pharmacy, who provided expert guidance on clinical diabetes management.

The campaign featured several key health services, including:

• Blood glucose screening to evaluate glycemic control

• Blood pressure and BMI measurements, used within a structured risk-assessment tool to determine appropriate screening frequency

• Personalized lifestyle and dietary counseling, focusing on balanced nutrition, physical activity, and prevention of diabetes progression

The event also included interactive games, health-related activities, and gifts to engage participants and promote learning in a friendly environment. A special highlight of the campaign was the donation of a continuous glucose monitoring sensor to a Type 1 diabetes student, supporting improved self-monitoring and glycemic control.

This initiative successfully enhanced community awareness, empowered families to take proactive steps in diabetes prevention and management, and reinforced interprofessional collaboration between the Faculty of Pharmacy and the school community. Participants expressed high satisfaction with the campaign, emphasizing its positive impact on understanding diabetes, improving confidence in disease management, and fostering healthier lifestyle practices.

18 Chronic disease education at a community healthcare centre

On 14 November 2025, the Faculty of Pharmacy worked with the Ministry of Public Health and Makhzoumi Foundation at the foundation's Primary Healthcare Center. Supervised senior pharmacy students delivered presentations on cardiovascular disease, asthma and COPD, cancer and diabetes. They explained risk factors, lifestyle and nutrition recommendations, smoking cessation and treatment principles. Blood pressure and blood glucose checks accompanied discussions with patients about their health concerns. This activity documents public health education and screening outside the university in partnership with government and a community organisation.

Evidence: Non communicable disease awareness at Makhzoumi Foundation

Awareness Campaign on Non Communicable Diseases at Makhzoumi Foundation Primary Healthcare Center







The Faculty of Pharmacy, in collaboration with the Ministry of Public Health and the Makhzoumi Foundation, organized an awareness campaign on major non-communicable diseases commonly affecting the Lebanese population. The event took place at Makhzoumi Foundation Primary Healthcare Center.

The campaign addressed key health topics, including cardiovascular diseases (hypertension, myocardial infarction, stroke), pulmonary conditions (asthma and COPD), breast and lung cancers, and diabetes mellitus. Under the supervision of Dr. Mohamad Abdallah, senior Pharmacy students, delivered structured presentations covering disease prevalence, risk factors, target clinical values, lifestyle and nutritional recommendations, smoking-cessation strategies, and essential pharmacological therapies.

Throughout the event, blood pressure and blood glucose levels of patients were measured, and essential health messages were delivered to promote prevention, early detection, and improved management of chronic diseases. Students engaged directly with attendees, answering questions and addressing their health concerns.

19 Osteoporosis prevention and bone health counselling

The Faculty of Pharmacy organised an osteoporosis awareness campaign with Tripoli Municipality and Al Makarem Association. PharmD and senior pharmacy students, under faculty supervision, explained risk factors, prevention and early detection, and offered medication counselling and individual bone health advice. The faculty event page was published on 27 November 2025. A faculty member's community service record identifies the activity as taking place on 25 November at Sahet Al-Tal in Tripoli. The campaign addresses prevention of a condition relevant to healthy ageing through direct public education.

Evidence: Faculty of Pharmacy osteoporosis awareness campaign

Evidence: Faculty community service record confirming event date (Community outreach section)

Osteoporosis Awareness Campaign







Osteoporosis Awareness Campaign: The Faculty of Pharmacy, in collaboration with the Municipality of Tripoli and Al Makarem Association, successfully organized a community outreach campaign dedicated to increasing osteoporosis awareness among the Tripoli community.

PharmD and senior pharmacy students, under the supervision of Dr. Souraya Domiati and Dr. Chaza Alaeddine, in collaboration with Dr. Rania Itani, Dr. Rawad Hayouk, Dr. Khouloud Hosary, and Dr. Mohammad Abdallah, educated the public about the risk factors, prevention strategies, and importance of early detection of osteoporosis. They also provided counseling on osteoporosis medications and individualized advice for bone health.

This campaign significantly enhanced community awareness about osteoporosis and its management, while also highlighting the essential role of pharmacists in community health promotion.

20 Further pharmacy outreach in hospitals and public spaces

BAU's faculty community service record documents additional supervised or coordinated activities: diabetes and safe fasting education at Hammoud Hospital on 28 February 2025 and Sahat Al-Tell Park in Tripoli on 13 March 2025; a Type 1 diabetes session for patients and families at Makhzoumi Foundation on 23 October 2025; breast cancer screening and prevention awareness at Nini Hospital on 29 October 2025; and participation with senior pharmacy students in a Blood Donation Open Day at Hôpital du Sacré-Cœur on 13 June 2025, including student blood donations. These records extend the evidence of university-associated health education and volunteering in community settings.

Evidence: Faculty community service and outreach record (Community Services section)



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About

Dr. Rania Itani is an assistant professor at the Faculty of Pharmacy, at Beirut Arab University (BAU). She holds a PhD in Clinical Pharmacy and has eleven years of university teaching experience in different Pharmacy Practice Courses. Dr. Itani has actively contributed to the launching, development, design, and delivery of several didactic and experiential clinical courses in the pharmacy practice department. She is the Advanced Pharmacy Practice Experience Coordinator (PPE V-VI), were senior pharmacy students are allocated to train in different affiliated hospitals and medical centers.

She is the coordinator of Objective Structured Clinical Examinations (OSCEs), and she delivers professional development workshops to the academic staff. In addition, she organizes and conducts various public health activities and professional development workshops. She is an editorial board member at the BMC Health Services Research Journal and serves as a member of the scientific committee at the Lebanese Order of Pharmacists. Her primary research interest focuses on global epidemiological studies and the emergence of antimicrobial resistance within hospital settings. Driven by her passion for advancing healthcare, she has more than 53 publications and 2,600 citations in high-impact factor journals. Dr. Itani's expertise spans a wide range of healthcare topics, including antimicrobial surveillance, patient care provision, and healthcare needs. She has spearheaded numerous multinational studies, meticulously assessing patient care practices in the Middle Eastern region, including Saudi Arabia, Jordan, Emirates, Kuwait, Iraq, Oman, and Bahrain. Currently, her focus is on a multicenter surveillance studies investigating the prevalence of antimicrobial resistant pathogens in hospitals and assessing treatment practices and outcomes, all aimed at advancing healthcare.

In recognition of her outstanding research productivity and scholarly contributions, Dr. Itani was awarded the "Most Active Researcher" by BAU for the academic year 2023–2024.

21 Community diabetes education through a specialist conference

On 19 January 2026, the Faculty of Medicine organised Safe Fasting for Diabetes Patients with specialists associated with the Egyptian and Lebanese diabetes associations. The stated purpose was to raise community awareness about safe Ramadan fasting. The programme addressed nutrition, physical activity, adherence to treatment and individual assessment. The recorded audience included physicians, university personnel and students. This is supporting evidence of professional education intended to inform community health, alongside the direct patient and public-space activities above; it is not presented as a verified count of public patient attendance.

Evidence: Safe fasting for diabetes patients conference



The Faculty of Medicine at Beirut Arab University organized a scientific conference entitled "Safe Fasting for Diabetes Patients," aiming to raise community awareness on how diabetes patients can manage their condition during the month of Ramadan for a safe fasting experience.

The event was attended by the Vice President of the Egyptian Diabetes Association, former Vice President of the International Diabetes Federation, and former Head of the Internal Medicine Department at Alexandria University Professor Morsi Arab; President of the Lebanese Diabetes Association and former Regional Chair of the International Diabetes Federation Dr. Mohammad Sandid; President of the University Professor Wael Nabil Abdel Salam; Dean of the Faculty of Medicine Professor Wafaa El Sehly; Assistant Dean Professor Mohammad Houri, along with faculty deans, staff members of the Faculty of Medicine, and a large gathering of doctors and students.

The conference began with a welcoming speech by student Walid El Makkawi, followed by a speech from the Dean of the Faculty of Medicine Professor Wafaa El Sehly: "Our mission today is to present the balanced health correlation between healthy individuals and diabetes patients regarding Ramadan fasting for adults, children, pregnant women, and the elderly. Diabetes is not just a medical condition; it is a daily challenge patients face within themselves and with those around them. As Ramadan approaches, patients feel anxious: how can they balance their religious duty with their health necessities?"

Professor El Sehly continued: "From a medical perspective, fasting may carry health benefits if practiced in a calculated manner, but it may pose a risk to some diabetes patients, especially those suffering from complications or those requiring regular doses of insulin. Therefore, it is our duty as physicians and researchers to provide them with evidence-based scientific guidance and help them make the right decision in consultation with their doctors."

Next, Dr. Mohammad Sandid presented statistics regarding the number of people living with diabetes in the Middle East and North Africa. According to the 2025 International Diabetes Federation Diabetes Atlas, the number has reached 85 million, including 60 million Muslims. More than 79% of them fast, and among these are categories classified as high-risk, such as pregnant women, those with Type 1 diabetes, and elderly patients with uncontrolled blood sugar levels.

Dr. Sandid added: "Unfortunately, 80% of them do not consult a doctor before fasting, and 30% fast despite medical scientific advice, exposing themselves to risks such as hypoglycemia, hyperglycemia, dehydration, and thrombosis."

For his part, Professor Morsi Arab spoke on "The Path to a National Program for Diabetes Patients." He focused on health awareness and education regarding diabetes, guiding patients through a healthy diet, regular physical activity, and medication adherence. He also emphasized implementing unified systems for treatment distribution and improving services, all aimed at raising awareness and avoiding complications.

Professor Wael Nabil Abdel Salam stated: "Diabetes is no longer just an individual health challenge; it has become a community health issue that requires the synergy of scientific, medical, and educational efforts, especially in our societies where fasting is linked to deep religious and spiritual values."

Professor Abdel Salam continued: "This is where the importance of this conference stems from. It aims to place the patient at the heart of our concern and achieve a delicate balance between religious commitment and maintaining health safety, based on the latest scientific guidelines and clinical evidence."

Professor Abdel Salam concluded by presenting the University’s commemorative shield to Professor Morsi Arab as a token of loyalty and appreciation.

22 First aid and psychological preparedness for journalists

BAU’s Public Relations and Communications Department organised a three-day course for journalists, photographers and media technicians with the Lebanese Army and university faculties, reported on 3 July

2024. Health-related content included managing serious injuries, psychological preparation and post-war trauma response. BAU's Life Support Center provided practical first aid, CPR and automated external defibrillator training. A field visit also addressed recognising and avoiding unexploded ordnance. The programme demonstrates institution-led outreach to an external occupational community exposed to physical and psychological risks.

Evidence: Safety and security training for journalists

Safety and Security of Journalists in Hostile Environment A Training organized by Beirut Arab University






The Public Relations and Communications Department at Beirut Arab University organized a three-day training course for journalists, photographers and technicians working in media institutions about the safety and security of journalists in hostile environment in collaboration with the Lebanese Army and some faculties at the university. The course included:

1. How to plan for missions, potential risks and means of protection
2. Knowledge about dealing with mines and unexploded ordnance that faces journalists during their media coverage in coordination with the Army Command
3. The relationship between the Lebanese Army and media.
4. Cyber Security to protect the privacy of their information.
5. Advanced practical training to deal with serious injuries.
6. Psychological preparation and post-war trauma response.
7. Journalists' rights in conflict zones in the law.

The trainees also undertook a field visit to the Engineering Regiment in Warwar, where they learned about suspicious objects and unexploded ordnance and how to avoid them.

On the last day of training, the Beirut Arab University Life Support Center (BAULS), which is the first Lebanese reference centre for the American Heart Association in the Middle East and North Africa, trained them practically on first aid, cardiopulmonary resuscitation (CPR) andAutomated external defibrillator (AED).

At the end of the training, the Director of Public Relations and Communications, Ms. Zina Ariss, distributed the certificates of participation to journalists and photographers, noting that the training was part of the University's social responsibility. She added that Beirut Arab University was proactive in offering a specialized training programme for journalists, especially that the situation in the south posed a real danger to media there.

Ms. Ariss also mentioned the important information and guidance of the training to raise awareness of the risks to media professionals, adding that practical details were part of the training necessary for their personal protection.

23 Student volunteering with older residents

On 13 February 2025, Health Sciences students helped organise a breakfast activity for older residents at Dar Al-Ajaza. They prepared the venue, served residents and participated in companionship and interactive activities. The university published the record on 23 January 2026. This activity supports social connection and wellbeing in later life.

Evidence: Breakfast with elderly residents at Dar Al Ajaza

Breakfast event with elderly residents at Dar Al Ajaza





23 January 2026

On 13 February 2025, students from the Faculty of Health Sciences participated in a breakfast event with elderly residents at Dar Al Ajaza. The students contributed to organizing the event by helping prepare the venue, arranging the tables, and assisting in serving breakfast. They also interacted with the residents, offering companionship and interactive activities, and creating a warm and respectful atmosphere throughout the gathering.

24 Breast cancer awareness and community solidarity

Health Sciences students participated in the Pinky Promise event at Forum de Beyrouth on 18 October 2025, supporting breast cancer awareness and solidarity with patients and survivors. BAU's record, published on 23 January 2026, also describes campus awareness activities earlier that month. The external event is evidence of institution-supported student participation in a community health initiative; BAU is not described as the organiser of the whole public event.

Evidence: Pinky Promise event at Forum de Beyrouth

Pinky Promise Event at the Forum de Beyrouth







On 13 October 2025, students from the Faculty of Health Sciences attended a series of talks aimed at raising awareness about breast cancer, its risk factors, prevention strategies, and the importance of early detection. In addition the students held awareness booths on Beirut campus filled with interactive activities. On 18 October, students from the faculty to the Pinky Promise Event at the Forum de Beyrouth, joining a large community initiative to support breast cancer awareness and solidarity with patients and survivors

25 Physical activity in a public community event

On 23 November 2025, the Faculty of Health Sciences Students Activities Committee participated under BAU's banner in the 5 km Fun Run at the Beirut Marathon Women's Race. Published on 26 January 2026, the record connects participation with active lifestyles and community spirit. This supports BAU's involvement in a community physical activity event; it is not evidence that BAU delivered the marathon or a separate public coaching programme.

Evidence: Beirut Marathon Women Race 2025

Beirut Marathon Women s Race 2025



On Sunday, November 23, 2025, the Students Activities Committee at the Faculty of Health Sciences proudly participated in the Beirut Marathon – Women's Race 2025, joining the 5 km Fun Run under the Beirut Arab University banner. The event promoted empowerment, resilience, and community spirit while encouraging active lifestyles among students.

Institutional delivery and community participation

Formal partnership for community pharmacy outreach

On 7 November 2025, the Faculty of Pharmacy signed a memorandum of understanding with Makhzoumi Foundation on behalf of the university president. It provides for student training at the foundation's Primary

Healthcare Center, joint health awareness campaigns and participation in its Mobile Medical Unit activities for vulnerable and underserved communities. The agreement establishes an institutional framework for outreach; the November 2025 chronic disease campaign described above provides dated evidence of delivery with the same partner.

Evidence: BAU and Makhzoumi Foundation memorandum of understanding

Memorandum of Understanding Signed Between the Faculty of Pharmacy at BAU and Makhzoumi Foundation





On behalf of the University President Prof. Wael Nabil Abdelsalam, the Dean of the Faculty of Pharmacy Prof. Abdalla El-Lakany, signed a Memorandum of Understanding with Makhzoumi Foundation, represented by its President, Mrs. May Makhzoumi, on Friday, November 7, 2025.

This meaningful partnership provides our Pharmacy students with invaluable hands-on training at Makhzoumi Foundation Primary Healthcare Center, which offers essential medical services to the Lebanese community. Through this collaboration, students will work alongside the Foundation's expert medical teams, further strengthening their clinical competencies and preparing them for successful careers in healthcare. This collaboration also supports Makhzoumi Foundation by strengthening its healthcare workforce, expanding its outreach capacity, and enhancing the impact of its community health programs through joint efforts with the Faculty of Pharmacy.

In addition, students will actively participate in the health awareness campaigns and engage in the Foundation's Mobile Medical Unit activities. These initiatives aim to deliver primary health services and promote public health among vulnerable individuals and underserved communities.

We are proud of this collaboration, which reinforces our commitment to community engagement, experiential learning, and improving healthcare outcomes in Lebanon.

The evidence establishes BAU's role as a body through named faculties and university services. Students deliver school health education, support community screening and undertake volunteering within supervised activities. Academic and clinical staff provide specialist oversight and training. Administrative employees are explicitly included in the volunteer team for the Mina campaign, while the Public Relations and Communications Department leads the journalist training. Community partners provide local access, coordination, funding or referral pathways.

The portfolio reaches children and school families, nursery providers, patients in community health centres, young people in a refugee camp, older residents and media professionals. Its activities cover hygiene and oral health, nutrition, maternal health, chronic disease prevention, physical wellbeing, vaccination, emergency response, drug-related risks and psychological preparedness. Documented delivery and

participation are the basis of this response; attendance or screening numbers are not treated as proof of measured long-term health improvement.

Access arrangements differ by service. The Mobile Dental Clinic, the 2023 Mina campaign and the 2024 and 2025 children's dental campaigns explicitly provide free services. Ibad Al-Rahman covered the eye screening fees. ICARE's operational centre describes symbolic charges. Fees for other activities are not specified in the cited records. These distinctions preserve the evidence for community access without implying that all university healthcare is free.

Submission conclusion

Recommended response: Yes for both Ad hoc and Programmed. BAU demonstrates organised outreach through operational services, curricular community learning, annual child screening and coordinated public health projects. It also delivers dated community campaigns and supports student volunteering with external partners. The evidence shows that health and wellbeing outreach is an institutional activity involving students, academic and clinical staff, administrators and local community organisations.